

Alumni & Associates Conference 2025 Draft Agenda

Fri Jan 17, 2025 Session Details					
Session Details	Speaker(s)	Start Time	End Time	Duration	CME
Optional - Early Arrivals: Nature Walk in Sabino Canyon		9:00 AM	11:00 AM	2 hrs	0
Registration & Exhibitor Hall	N/A	2:00 PM	5:00 PM	3 hrs	0
Networking Reception	N/A	3:00 PM	5:00 PM	2 hrs	0
Opening Activity	Ann Marie Chiasson, MD Sensei Koshin Paley Ellison Sensei Robert Chodo Campbell	5:00 PM	7:00 PM	2 hrs	0
Sat Jan 18, 2025 Session Details					
Session Details	Speaker(s)	Start Time	End Time	Duration	CME
Optional - Yoga	Jaimie Perknas, DPT	6:30 AM	7:30 AM	1 hr	0
Optional - Heart Centered Meditation	Ann Marie Chiasson, MD	6:30 AM	7:30 AM	1 hr	0
Optional - Qi Gong	Dabube Jacobs, LAc	6:30 AM	7:30 AM	1 hr	0
Breakfast	N/A	7:00 AM	8:15 AM	1 hr 15 min	0
Welcome	Andrew Weil, MD Ann Marie Chiasson, MD	8:15 AM	8:30 AM	15 min	0
Breath: The New Science of a Lost Art	James Nestor	8:30 AM	9:15 AM	45 min	0.75
Breath	Andrew Weil, MD	9:15 AM	9:30 AM	15 min	0.25
Breath Q&A	Andrew Weil, MD James Nestor	9:30 AM	10:00 AM	30 min	0.5
Movement Break: Chair Yoga	Jaimie Perknas, DPT	10:00 AM	10:05 AM	5 min	0
Trending Diets: From Keto to Mediterranean to Vegan	Christopher Gardner, PhD	10:05 AM	11:05 AM	1 hr	1
30 Min Break / Exhibitor Hall	N/A	11:05 AM	11:35 AM	30 min	0
Cannabinoids	Misha Kogan, MD	11:35 AM	12:35 PM	1 hr	0
Lunch & Exhibitor Hall	N/A	12:35 PM	2:00 PM	1 hr 25 min	0
Concurrent A: Auricular Acupuncture Workshop: What Your Ears Know About Mind-Body Healing - Are You Listening?	Ceilia Hildebrand, LAc	2:00 PM	4:00 PM	2 hr	2
Concurrent B: Living Wide Awake: The Medicine of Whole Hearted Care	Sensei Koshin Paley Ellison Sensei Robert Chodo Campbell	2:00 PM	4:00 PM	2 hr	2
Sun Jan 19, 2025 Session Details					
Session Details	Speaker(s)	Start Time	End Time	Duration	CME
Optional - Yoga	Jaimie Perknas, DPT	6:30 AM	7:30 AM	1 hr	0
Optional - Heart Centered Meditation	Ann Marie Chiasson, MD	6:30 AM	7:30 AM	1 hr	0
Optional - Introduction to Ayurveda Marma Points	Amita Nathwani, MA(Ayur)	6:30 AM	7:30 AM	1 hr	0
Breakfast	N/A	7:00 AM	8:30 AM	1 hr 30 min	0
Welcome	Ann Marie Chiasson, MD	8:30 AM	8:35 AM	5 min	0
Integrative Approaches to Ketamine Panel	Scott Shannon, MD Anthony Kaveh, MD Amy Price Neff, MD	8:35 AM	9:35 AM	1 hr	1
Transcranial Magnetic Stimulation for Mild Cognitive Impairment and Alzheimer's Disease	Ying-hui Chou, Sc.D.	9:35 AM	10:35 AM	1 hr	1
Break / Exhibitor Hall	N/A	10:35 AM	11:00 AM	25 min	0
Headache & Functional Abdominal Pain	Ann Ming Yeh, MD	11:00 AM	12:00 PM	1 hr	1
Lunch & Exhibitor Hall	N/A	12:00 PM	1:15 PM	1 hr 15 min	0
Special Lunch Lecture - Integrative Vet Care	Randy Aronson, VMD	12:10 PM	1:10 PM	1 hr	0
Concurrent A: Medicinal Herbal Tea Blending	Lise Alschuler, ND	1:15 PM	2:45 PM	1 hr 30 min	1.5
Concurrent B: Billing and Coding for Integrative Medicine in an Insurance Model	George Schatz, MD Tayma Shaya, MD	1:15 PM	2:45 PM	1 hr 30 min	1.5

Concurrent C: Conscious Movement - A Trance Dance Workshop	Kristen Jackson Banister, LPC	1:15 PM	2:45 PM	1 hr 30 min	1.5
Break / Exhibitor Hall	N/A	2:45 PM	3:15 PM	30 min	0
Concurrent A: Medicinal Herbal Tea Blending	Lise Alschuler, ND	3:15 PM	4:45 PM	1:30 min	1.5
Concurrent B: Billing and Coding for Integrative Medicine in an Insurance Model	George Schatz, MD Tayma Shaya, MD	3:15 PM	4:45 PM	1:30 min	1.5
Concurrent C: Conscious Movement - A Trance Dance Workshop	Kristen Jackson Banister, LPC	3:15 PM	4:45 PM	1:30 min	1.5
Dinner & Dance	N/A	6:00 PM	9:00 PM	3 hrs	0
Mon Jan 20, 2025 Session Details	Speaker(s)	Start Time	End Time	Duration	CME
Optional - Yoga	Jaimie Perkunas, DPT	6:30 AM	7:30 AM	1 hr	0
Optional - Heart Centered Meditation	Ann Marie Chiasson, MD	6:30 AM	7:30 AM	1 hr	0
Optional - Poetry	Vivian Kominos, MD	6:30 AM	7:30 AM	1 hr	0
Breakfast	N/A	7:00 AM	8:30 AM	1 hr 30 min	0
Peptides: The strength of evidence, and benefits/harms of Semaglutide, Tirzepatide, and BPC-157	Myles Spar, MD	8:30 AM	9:15 AM	45 min	0.75
5 Min Break & Movement	TBD	9:15	9:20 AM	5 min	0
Integrative Strategies for the Prevention and Treatment of Rheumatoid Arthritis	Jill Weintraub, MD	9:20 AM	10:20 AM	1 hr	1
30 Min Break	N/A	10:20	10:50 AM	30 min	0
Phototherapy: Shining Light on a New Modality for Pain Management	Mohab Ibrahim, MD., Ph.D	10:50 AM	11:50 AM	1 hr	0
Break	N/A	11:50 AM	12:00 PM	10 min	0
Closing Ceremony	Ann Marie Chiasson, MD	12:00 PM	1:00 PM	1 hr	0
				Total CME	12.25